

**CAMP STIMSON**  
**CAMP GUIDELINES**



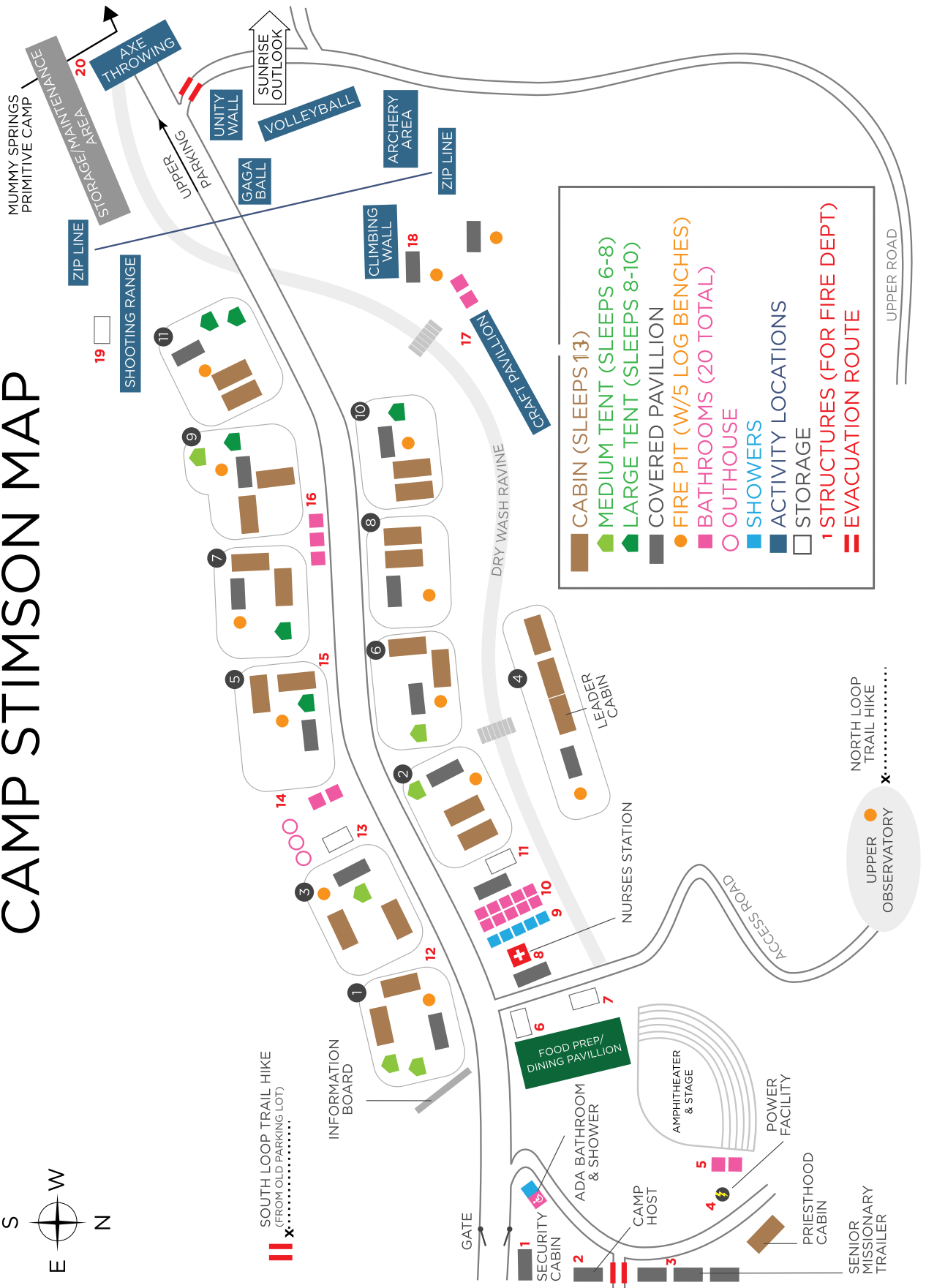
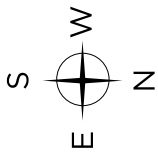
Revised 2025

# Table of Contents

- 1. WELCOME TO CAMP STIMSON .....5**
- 1.1. IMPORTANT CONTACT INFORMATION .....5
- 1.3. CAMP MISSIONARIES .....6
- 1.4. CAMP RULES OVERVIEW.....6
- 1.5. CAMP ADDRESS AND DIRECTIONS.....7
- 1.6. ARRIVAL .....7
- 1.7. GATES .....8
- 1.8. POWER AND WATER .....8
- 1.9. PARKING.....8
- 1.10. CELL PHONE SERVICE & RADIOS .....9
- 1.11. DAILY CLEANING AND GARBAGE DISPOSAL.....9
- 2. SECTION 2 – EVACUATION, SECURITY & FIRE WATCH.....10**
- 2.1. HEALTH DEPARTMENT .....10
- 2.2. IN THE EVENT OF AN EMERGENCY .....10
- 2.3. CAMP FIRST AID STATION (CAMP NURSE).....11
- 2.4. FOREST SERVICE .....12
- 2.5. WILDLIFE .....12
- 2.6. EVACUATION.....12
- 2.7. FIRE SAFETY .....13
- 2.7.1. CAMP FIRES .....13
- 2.9. SECURITY/FIRE WATCH.....14
- 2.10. PRIESTHOOD .....15
- 3. SECTION 3 – AMENITIES & CAMP LAYOUT.....15**
- 3.1. TENTS/CABINS AND COTS .....15
- 3.2. RESTROOM & SHOWER FACILITIES.....16
- 3.3. SOUND SYSTEM & VIDEO SCREEN .....16
- 3.4. CHARITY TREE.....16
- 3.5. LIGHTING & SIGNPOSTS.....16
- 3.6. FOOD PREP AREA.....17
- 3.7. CRAFT AREA.....17
- 3.8. ACTIVITY AREA .....17
- 4. SECTION 4 – FOOD PREP & STORAGE .....18**
- 4.1. FOOD STORAGE, PREPARATION & CLEANUP / DISHWASHING POLICY .....18
- 4.2. COOKING EQUIPMENT.....18
- 4.3. COOKING SUPPLIES .....18
- 4.4. FOOD STORAGE .....19
- 4.5. FOOD STORAGE & SAFETY .....19
- 4.6. TIPS FOR COOKING FOR LARGE GROUP .....22
- 4.7. FOOD REFRIGERATOR TIPS .....22
- 4.8. CLEANING .....23

<b>5. SECTION 7 – CAMP CHECK-OUT PROCESS AND DEPARTURE .....</b>	<b>23</b>
5.1. CAMPSITE CLEANING CHECKOUT REQUIREMENTS: .....	24
5.2. CAMP CLEANING CHECKOUT REQUIREMENTS: .....	24
5.3. DEPARTURE .....	25
<b>6. ADDENDUM .....</b>	<b>26</b>
6.1. DETAILED FACILITY DESCRIPTION .....	26
6.2. DETAILED TENT AND COT COUNT BY CAMP SITE .....	27
6.3. CAMPSITE SIGNPOST/ BANNER INFO.....	28
6.4. CHARITY TREE HISTORY AND MEANING .....	29
6.5. DETAILED FOOD PREP EQUIPMENT LIST.....	31
6.6. HIGH ADVENTURE ACTIVITIES (ZIP-LINE, AX THROWING & CLIMBING WALL).....	32
6.7. PROPERLY PUT ON HARNESS (YOU MUST BE ABLE TO DEMONSTRATE) .....	33
6.8. ZIP-LINE.....	34
6.9. CLIMBING WALL .....	35
6.10. DUTIES OF ATTENDANT(S) .....	36
<b>7. SECTION – OTHER CAMP FACILITIES .....</b>	<b>37</b>
7.1. CAMP TRADING POST .....	37
7.2. MUMMY SPRINGS PRIMITIVE CAMP .....	37
<b>RULES AND GUIDELINES FOR MUMMY SPRINGS .....</b>	<b>38</b>
7.3. SUNRISE OUTLOOK .....	40
7.4. CHECK OUT LIST .....	41

# CAMP STIMSON MAP



# 1. Welcome to Camp Stimson

To maintain this beautiful camp, we have some basic information to share. We ask that you review this packet of information to get familiar with these camp guidelines.

**PLEASE NOTE - Temperatures are cooler in the evenings so please plan/pack accordingly with your clothing and sleeping gear.**

## 1.1. Important Contact Information

Please direct any questions you may have to:

Suzi Naylor – Camp Stimson Camp Manager

Phone: 792-287-3528

Email: [suzinaylor@yahoo.com](mailto:suzinaylor@yahoo.com)

Emergency		911
US Forest Service-Kyle Canyon	In case of fire	702-872-0010
Mount Charleston Fire Department	Fire Station #853	702-872-5483
U.S. Forest Service Visitor Center		702-872-7098
Camp Stimson Phone	Emergency only	702-353-0200
Camp Stimson Managing Director	Bruce King	702-353-0200
Camp Stimson – Camp Managers	Suzi Naylor	702-287-3528
	Terry Naylor	702-810-4852
Assistant Camp Managers	Melissa Hartshorn	702-224-4985
	Bryan Hartshorn	702-205-2486
Camp Stimson Scheduler	Breck Day	702-349-7445

### 1.3. Camp Missionaries

Camp Stimson will have an on-site Missionary Couple to handle the daily operations of the camp during the Camp Season. The Senior couple will be responsible for the facilities operation and maintenance of the camp as well as assisting with problems or emergencies that arise. They will also be responsible for completing a mandatory checkout with the Stake representatives prior to leaving.

### 1.4. Camp Rules Overview

1. You are responsible for reporting any damage to your camp director or camp manager. Any damage other than normal wear will be charged to your stake.
2. Nothing goes in the restroom toilets except urine, bowel movements and toilet paper. Anything else needs to be “fished out.” Rubber gloves have been provided on the back of the toilet.
3. **All youth and adults** on the camp property will need a paper copy of a signed permission slip and medical release form to be kept with the camp nurse.
4. The USE OF HIGH ADVENTURE activities without signed permission slip and proper safety equipment (Climbing Wall, Zip-line, BB Shooting, Archery and Ax Throwing) will not be allowed.
5. **NO MEMBER 17 YERS OR YOUNGER OF THE OPPOSITE SEX INCLUDING CHILDREN** are allowed on camp property while the girls/boys are in camp.
6. Cover your fire with the provided fire lid while unattended or when you go to sleep for the night. Do not put out fire, the lid will put it out for you. Do not clean out the ashes at the conclusion of camp. Management will do that. (See Section 2.8)
7. **CAMPFIRES MUST BE ATTENDED AT ALL TIMES AND ONLY IN FIRE RINGS.** Wind kicks up rapidly here and can fan a flame and scatter the fire without warning.
8. **NO ATVs** or personal vehicles allowed in camp.
9. **NO dogs or pets** allowed; they attract wildlife and affect those with allergies.
10. **DO NOT DAMAGE POST, TENTS OR CABINS** with pin, screw, paint, staple, tape, or nail.
11. Parking is only allowed at the top of the road once you drive into camp. There is no parking at campsite without senior missionary couple/camp manager approval.
12. The parking lot closest to the highway is for overflow parking and you will need a “CAMP STIMSON” parking tag clearly visible. Pick up tag from Missionary Couple.
13. There is **NO** overnight, or short-term parking permitted at the top of the hill going into camp, this is designated for Fire Watch Priesthood cars only.
14. All food at campsites **MUST BE STORED IN SEALED PLASTIC BINS** stored on tables or shelves above the ground, **NOT IN TENTS!** The chipmunks and squirrels are not afraid of people. They will eat through tents, sleeping bags and duffel bags to get to any “food.

15. All decorations should be kept to a minimum so as not to deter from the natural beauty of our surroundings. This will also help minimize set-up/clean-up time and keep our trash manageable. Please take home any decorations you do bring up to cut down on trash at camp.
16. Obey all Health Department rules and regulations (See section 2)

## 1.5. Camp Address and Directions

Camp Stimson  
2075 Deer Creek Rd  
Las Vegas, NV 89124

Camp GPS  
36.317 100. – 115.633023

### Directions:

1. US I-95 Northbound to Kyle Canyon Exit
2. Head West on HWY 157
3. Take HWY 157 - 17 miles to HWY 158
4. Turn (right) at the intersection – heading up the hill on HWY 158 approx. 5.8 miles
5. At the top of the hill, you will head down past Mahogany Grove Campground
6. Go past the bathrooms and parking on the (right) – approx. ¼ mile
7. Turn (left) – through the gate, heading up the hill to a large open parking lot
8. Camp entry is through the gate on the (south end) of the open parking lot
  - a. Please CLOSE THE GATE behind you!
9. Once through the gate - take the (1<sup>st</sup> right) and head approx. ¼ mile to camp
  - a. The gravel road will turn left down a steep descent. This is a one lane road, if no one is present at the top of this hill with radios please honk to alert possible oncoming drivers. on the steep decent look for oncoming vehicles as the road is narrow.

Once in camp, locate your camp site and pull off the road as far as possible to QUICKLY unload at the campsite before proceeding to the parking area located at the top of camp.

## 1.6. Arrival

- Arrival time is 7am or after
- Stake Camp Director, Stake Leaders, Nurse and Fire Watch should lead groups into camp. Leaders will stop at the bottom of camp by the pavilion area, to receive check-in instructions from camp management.

- Stake Leadership should be the first to arrive. Fire Watch must be present to enter camp.
- All vehicles enter together as a group, driving slowly to avoid causing dust.
- Stop briefly on the side of the road at your assigned campsite to unload camping gear and passengers.
- Proceed to the Upper Parking Lot to park your vehicle. Please “back in” if possible, for easy and quick exit if needed. (Camp Management will assist to keep it orderly).

## 1.7. Gates

To keep the public from using the roads, getting into camp and for the safety of the campers, the GATES NEED TO STAY CLOSED AT ALL TIMES.

Gates will be locked in the evenings (9:30 PM) and opened in the morning (7:00 AM).

If you need access during the times the gate is locked – please make special arrangements prior to arriving.

## 1.8. Power and Water

We have a generator to power the large pavilion and the food storage refrigerators, freezers, and AV equipment. Please limit your power usage as much as possible. Please do NOT bring any electric cooking appliances [roster ovens, crock pots, etc.] as our power system is not strong enough to handle anything other than the fridges and freezers.

Water will be supplied by Camp Stimson. Water supply is limited -please do not waste water. We have been in drought conditions for many years and hope our spring continues to flow.

## 1.9. Parking

Parking Areas:

- Upper camp parking lot will accommodate approximately 50 vehicles - (located past the campsites) for cars, trucks, and small trailers.
- Lower camp parking area (near the pavilion) SHORT TERM PARKING will accommodate approximately 2 vehicles. – during camp this should only be used for Camp Stimson Staff members and emergency vehicles
- Parking by the Camp Entrance (before descending into camp) – FIRE WATCH VEHICLES ONLY.



- Public parking lot (near the highway) must have a “CAMP STIMSON” parking tag clearly visible. If upper camp parking lot becomes full, you may be required to park in the Lower Parking Lot and be shuttled into camp. Lock your vehicle doors for security.

Parking is NOT allowed in campsites, unless approved by Senior Missionary Couple/Camp Management. All vehicles must be parked in the upper camp parking lot.

Never block the main road through camp! This is the Emergency route for Fire/Medical etc.

There is NO Parking along the Access Road into Camp (BLM Property).

The lower public parking lot gates are locked at night to prevent illegal access. Notify Camp Management if you must leave at night to unlock the gates and log your exit.

## **1.10. Cell Phone Service & Radios**

There is limited cell phone service in Camp Stimson and due to this we suggest not bringing cell phones to camp. In case of EMERGENCIES the missionary couples will have cell phones that can be used.

Camp Management will provide handheld radios to stake leaders to communicate during camp. This will help with providing immediate communication in emergencies and will also be helpful with traffic control at camp entrance.

We recommend that your stake brings up their own walkie talkies/radios to use for communication among your wards and stake leaders. Again, cell phones will not work.

## **1.11. Daily Cleaning and Garbage Disposal**

Store all food and garbage in a manner that will prevent access by wildlife. Garbage cans are provided at each campsite, activity sites, and the food prep areas. There is a large dumpster at the upper end of camp. Help prevent pollution by keeping garbage, litter, and foreign substances out of stream bed, and other waters. Animals will tear into trash bags, tents, sleeping bags and anything else they can get into looking for food and scraps.

Daily Cleaning Requirements performed by camp guests

- Restrooms and showers need to be cleaned twice a day; both morning and afternoon and restocked with toilet paper and trash bags.
- Showers are to be cleaned daily and sprayed with the provided disinfectant solution.

- Tents and cabin floors should be swept as needed. At the end of camp, all camp areas will need to be inspected by the Missionary Couple to be sure all trash is removed from the grounds, buildings, and tents.

## **2. SECTION 2 – Evacuation, Security & Fire Watch**

### **2.1. Health Department**

We are under the jurisdiction of the county health department. They can inspect the camp at any time without warning to be sure our food preparation, storage and sanitation follows county rules. To ensure the public safety, please be very cooperative with the inspectors.

Possible checks by Health Inspectors:

1. Temperature of fridges, freezers, and cool chests
2. Water temperature
3. Confirm food is off the ground and in containers or food storage building
  - a. Confirm campers are using three step washing process (hot soapy water, warm rinse, and cool bleach sanitizing solution)
  - b. Confirming the washing stations include sinks at the food prep area and at the main camp restroom facility.
4. Confirm antibacterial hand sanitizer is located at each toilet facility.

County Health Department Rules:

1. Comply with all regulations and requests of the County Health Dept and Forest Service
2. All food needs to be stored properly and kept at the proper temperature.
3. All dishes need to be washed using the three-step process: hot soapy water, warm rinse, and cool bleach sanitizing solution.
4. Anyone working with food must wash their hands prior to working and after using the restroom facilities.
5. Disposable gloves need to be worn when preparing and serving food.

### **2.2. IN THE EVENT OF AN EMERGENCY**

Medical, lost camper, or smoke/fire -- utilize the 911 system from the Camp Stimson phone located in camp host building notify the Camp Director so notifications can be made. Follow the camp evacuation plan as needed.

## 2.3. Camp First Aid Station (Camp Nurse)

We have a designated First Aid Station with nurse's quarters. Camp will be supplied with basic medical supplies and first aid equipment.

- A list of all equipment or supplies used during the week should be given to the Missionary Couple so those items can be restocked as needed.
- The Stakes will be responsible for assigning a competent First Aid person to respond to camp illnesses and injuries that cannot be handled by the ward leaders.
- This individual should be CPR certified and preferably first aid certified to treat typical emergency camp related ailments and injuries.
- This individual is to maintain the original permission slips and medical information sheets on each person at camp.
- Any person who is seriously injured or who is ill should be transported off the mountain until their medical needs are taken care of. Minor injuries or illnesses that can be safely handled at camp may stay at camp.
- The camp first aid person should not administer any medications or herbs that have not been approved by the parents on the medical release form.

They may be asked by the County Health Department to show that they are CPR certified. The County Health Department may also ask to see your first aid kit to be sure it has appropriate supplies like Band-Aids, antibiotic ointment, triangular bandage etc. A record of all medications dispensed will be kept by the first aid person and shown to the county health department inspector upon request.

Altitude sickness and dehydration are common at camp. Camp is 8,000-foot increase in elevation from Las Vegas. Common symptoms of altitude sickness are:

- Headache
- Lack of appetite
- Nausea
- Vomiting
- Difficulty sleeping
- Tiredness
- Dizziness
- Lightheadedness.

The lower oxygen level at this altitude may make the camper feel shorter of breath. The cure for this is adequate hydration (drinking more fluids), time, slowing down, and resting. If the symptoms become severe then sending the camper down the mountain to a lower altitude will help.

## 2.4. Forest Service

Our camp is surrounded by Forest Service property. Please be considerate of the forest rangers. In the event of emergency or forest fire please call 911.

## 2.5. Wildlife

Our camp is home to wild horses, deer, big horn sheep, skunks, chipmunks, squirrels, snakes, and lizards. Rarely there are mountain lions and bobcats. Campers should not wander in the woods without a leader. The deer and horses will come down to the spring to drink. Remind your campers not to approach the animals or to feed them. Please be respectful and try not to scare off the wildlife that comes down to drink.

## 2.6. Evacuation

We have three designated escape routes on the mountain. A copy of the single page evacuation map should always be carried by leaders while on the mountain.

In the event of a forest fire, the evacuation route to be taken will be determined by watching the weather and fire conditions and will be directed by the Senior Couple and Presiding Priesthood. It will be determined by:

- Looking at the smoke coming from the fire. You want to go away from the fire and in the opposite direction the smoke is blowing.
- If the fire is below you in the canyon, you will be directed to either go North, South, or go up the canyon, if it is above you, go down the canyon.

If you are ordered to evacuate:

- Leave everything in the camp and get out!
- Ensure Accountability for everyone in your group.
- Do not let campers go back for their belongings.

### **Evacuation Route #1**

This route is out the main road through camp. Personal vehicles and the camp vehicles will be utilized to evacuate campers to a safe location and to their home.

### **Evacuation Route #2**

The lower escape route starts below base camp near the missionary trailers. Entrance to the trail is clearly marked with a sign and orange tape. The escape path route takes you down the old creek bed — directly to the highway below. Once you reach the highway make your way back to the parking lot / archery range area for accountability.

### **Evacuation Route #3**

The upper escape is above the Medical Cabin. You would walk up the ridge and stay in the safe zone until directed to walk along the ridge toward the lower highway.

Once you are at the safety zones at the end of the evacuation routes, please make sure everyone is accounted for.

Do not let people leave until everyone is accounted for.

**Please take the time to have at least one person in your camp walk these routes so they are familiar with them.**

## **2.7. Fire Safety**

FIRE EXTINGUISHERS ARE LOCATED AT EACH CAMP AND BUILDING AREA.

Although the tents are fire resistant, they are not fireproof. Please take a moment to teach your campers on how to use a fire extinguisher. Do NOT activate the fire extinguisher as a demonstration or to test it. If a fire extinguisher has been used, please notify the camp missionaries as it will need to be replaced.

### **2.7.1.Camp Fires**

CAMPFIRES MUST BE ATTENDED AT ALL TIMES. Wind kicks up rapidly here and can fan a flame and scatter the fire without warning. Fires pits need to be covered with the provided lid before you leave the campsite, or you go to sleep.

#### **NEVER LEAVE A FIRE UNATTENDED!**

Please note the following guidelines on campfires:

1. Obey any restrictions on fires. Fires may be limited or prohibited at certain times.
2. **Campfires are allowed in established fire rings only.** Do not leave fires smoldering or unattended.
3. Be sure your fire is properly covered before leaving. You are responsible for keeping fires under control.
4. Keep clear a 10-foot area around the pit and remove anything that could catch fire.
5. NO RUNNING in this area. Even when there is no fire.
6. No balancing/teetering or other horseplay on the campfire ring log/benches.
7. Do not pull sticks out of the fire.
8. When using campfire ring lid to cover hot coals at bedtime, be careful when touching handle as it may be hot.

## 2.9. SECURITY/FIRE WATCH

The Stake may set their own hours/shifts for Brethren to serve as Security/Fire Watch. Security/Fire Watch Brethren are responsible for all youth and adult leaders from the time they enter camp until the last camper leaves.

- Brethren will be required to stay awake and be attentive the entire time of their assignment.
- Each Stake will be required to have Security/Fire Watch on site from arrival to when the last camper leave.
- Security/Fire Watch should be no less than two Priesthood Brethren.
- If the Senior Couple needs assistance with a blessing or when the gate needs to be secure, one Brother should remain at the top of the camp entrance on Security/Fire Watch.
- The companionship should take at least one trip during their shift to walk to the North Ridge-star gazing location to look for signs of fire, unwanted guests and animal life that maybe near camp.
- Security/Fire Watch will be provided with two camp radios.
- Brethren should not go past the First Aid station into the (youth and adult leaders) camping area after 10 pm unless escorted by the Camp Management.
- At least one of the brethren called to serve should be an Elder – able to perform priesthood blessing when needed and should have oil on hand.
- Brethren assigned to Security/Fire Watch will follow all outlined church guidelines for personal weapons.
- These Brethren should not bring pets or children with them.
- No change over should take place between 10:00 PM and 7:00 AM.(Full 9 hour shift)
- Security/Fire Watch will be positioned at the entrance into camp (at the top of the hill) to be able to control camp entry for all traffic and possible hikers. **PLEASE** stop all cars coming into camp and ask them to verify their Stake and Ward for security purposes.

Security/Fire Watch will be under the direction of the Senior Couple or Camp Management.

The Stake that has the last assignment for the week (Example: Wednesday – Saturday) will be responsible to provide Security/Fire Watch from Saturday night when their Stake leaves until Sunday evening when the Senior Couple arrives (approximately 6 PM). This assignment may be filled with two Brethren or a family. These individuals will not be permitted to use the Zip Line or Climbing Wall during this time due to safety reasons.

## 2.10 Priesthood

When Young Women are camping, there should always be at least one elder in camp to assist the young women leaders and to provide priesthood assistance as needed. Any additional men/elders (other than the Security/Fire Watch who stay overnight must stay in the designated Men's Camping Area (See Camp Stimson map) separate from the girl's camping areas. There are to be no men staying in the young women's camping areas, regardless of if their wives are there. After lights out at 10 PM, men must stay in designated Priesthood areas unless priesthood blessings are required.

The same applies to women who maybe up helping during YM Camp.

## 3. SECTION 3 – Amenities & Camp Layout

### 3.1. Tents/Cabins and Cots

There are two tent sizes, medium and large. A medium tent holds four single cots and eight bunk cots. A large tent holds six single cots and twelve bunk cots. The camp has enough tents and cots to accommodate about 300 campers.

Periodically check the tents to be sure the stakes are all secure and that the ropes are tight. These tents are water and fire resistant. This DOES NOT mean they are fire and waterproof. **They will leak and burn if not taken care of properly.**

Cabins have 13 permanent bunkbeds meant to be used by the youth. They are made of plywood and need some type of sleeping pad for comfort.

Cabin doors should be kept closed at all times to keep out small animals. Please no swinging or hanging on the beams in the cabins. There is a spot to hang a lantern but that is all we ask that you hang.

**DO NOT** remove window screens or spray bug spray or sunscreen on the screens or windows.

**Nail, screws, tape, tacks, and staples are not permitted in or on tents, cabins, buildings, signs or vegetation.** These will damage the tents and cabins.

Please keep objects, cots, supplies etc. away from the tent walls. Please do not to write on or deface the tents or cabin walls or bunkbeds . You will be charged for repairs if vandalized.

The tents are secure and will withstand normal wind and rain. Tent platform floors and cabin floors have a rough non-slip surface. Please keep the floors swept clean.

### **3.2. Restroom & Shower Facilities**

There are 5 individual shower stalls with dressing areas and 20 flushing toilets with sinks plus 1 priesthood/handicap building.

Depositing a substance (including sanitary products) in any toilet or plumbing fixture which could damage or interfere with the operation or maintenance of the fixture.

### **3.3. Sound System & Video Screen**

The large pavilion is equipped with a sound system and a video projection screen. A projector is not provided. You can plug your iPhone/cell phone or iPad into the sound system as well.

The video screen is hanging from the roof at the end of pavilion. Please do NOT pull down the screen if it is windy to avoid damage to the screen. If you have a video player/computer and a projector you can project movies onto the screen. The computer or video player can be plugged into the sound system for sound. A portable video screen is also available – contact the Senior Couple.

Music via a cell phone or CD player can connect to the sound system via an RCA connection which will be provided, but it is a good idea for each Stake to bring their own USB cable.

Also provided:

- Three (3) corded microphones
- Four (4) wireless microphones
- Two (2) microphones stands
- One (1) easel stand

The microphone cords connect via XLR connections.

### **3.4. Charity Tree**

The “Charity Tree” monument was carved from a tree that had died several years ago. It was found in the upper area of Camp Stimson. It is estimated that it was nearly 300 years old. (See Addendum for symbolism)

### **3.5. Lighting & Signposts**

Each shade structure is equipped with three hooks for lanterns. Battery-operated LED lanterns are highly recommended. Each stake will need to provide their own lanterns. Each camp site also has a signpost that has a hook for an additional lantern. (see addendum V for sign ideas and dimensions)



### 3.6. Food Prep Area

We do not have a kitchen. We are a primitive camp and are designated that way by the health department. DO NOT call the area a kitchen; it is a **“food prep area”** and **“food storage area.”** (See section 4 for details)

5 cooks should be assigned to this area. Youth are encourage to set up, serve and clean up. We ask that they do not be involved in cooking, cutting for safety reasons.

### 3.7. Craft Area

This is a designated area with a large, covered pavilion to accommodate crafts and workshop activities. The pavilion includes eight large outdoor tables with bench seating and has electrical power. There is also a storage shed that can be used to store craft supplies as well as a restroom located in that area.

### 3.8. Activity Area

The Activity Area and ancillary supplies include the following:

- High Adventure Activities require special training provided by camp management:
  - Zip-line (See Addendum for rules)
  - Climbing Wall (See addendum for rules)
  - Ax Throwing
- Calf Roping
- Archery Range
- BB Gun Shooting Range
- Volleyball Court
- Animal Teeter Totter
- Ga Ga ball area

## 4. SECTION 4 – Food Prep & Storage

### 4.1. Food Storage, Preparation & Cleanup / Dishwashing Policy

We are regulated by the County Health Department. THESE POLICIES ARE NOT NEGOTIABLE. One person needs to be trained on the kitchen policies and equipment. See addendum

### 4.2. Cooking Equipment

The camp has the following equipment:

- Four (4) refrigerator/freezers (with small upper freezers)
- One (1) commercial 2-door upright refrigerator
- One upright freezer
- Large metal storage shelves for storing your supplies.
- One (1) ice maker onsite.
- Griddles: (2) 36-inch and (1) 60-inch, (3) total.
- 3 Grills
- Hotplate: (1)-6 burner
- Ovens: (2) commercial convection
- Stock Pot Burner: (1) (for cooking large pots of soup, etc.)
- Warming oven

The storage trailer has the following equipment:

- Plastic bins with lids to store your dry food
- Utensils, paper goods and cleaning supplies
- Two (2) chest freezer

### 4.3. Cooking Supplies

The food prep area is very well supplied with a wide variety of utensils, cleaning supplies and cooking items. For a complete list see addendum 6.5

Items NOT supplied:

- **Paper products (plates and cups) or eating utensils. Calculate the number per day**
- Aluminum foil
- Plastic wrap
- Ziplock bags
- Aluminum pans

- Cooking Oil or spray to season the grills
- Disposable gloves (***only food service type gloves will be provided***)
- Kitchen towels, wash clothes and rags
- Aprons
- Clorox wipes
- Table coverings/Plastic table clothes.
- Parchment paper to put on cooking sheets
- Lighters to start grills/propane

#### 4.4. Food Storage

The door to the food storage area should be closed as much as possible. The animals will get into the food storage building if the door is open. The chipmunks are very bold and FAST!

The food prep area is on the side of the food storage building. NO open flames, heating or cooking grills or stoves can be under the wooden structures or the tents. This includes the food prep area and the pavilion. Please do NOT bring any electric cooking appliances [roster ovens, crock pots, etc.] as our power system is not strong enough to handle anything other than the fridges and freezers. If you have any problems with the equipment, please ask the assigned Senior Couple.

Cooking supplies are provided by the camp and it is not necessary to bring additional or redundant supplies. The camp supplies will need to be inventoried when you arrive and then again when you leave. Missing items will be charged to your stake.

#### 4.5. Food Storage & Safety

We are regulated by the County Health Department. They can come to inspect the camp at any time unannounced. One of the major concerns for them is food safety.

Our camp is in the forest and so there are lots of animals and bugs. We are also feeding large groups in primitive conditions. Food safety is a major concern.

All food needs to be stored in the food storage building or in plastic containers with lids up off the ground. The tent floors are not considered to be off the ground. Food should be stored on tables in animal-proof containers. ALL food must be stored properly.

If you store food at your camp site that needs to be kept cold, you will need to ensure your cooler chest always has ice.

You will need to ensure that all eating and cooking utensils are washed using the three step wash process: hot soapy water, warm rinse, and a cool bleach sanitizing rinse. The three compartment sinks are for this three-step process.

Proper hand washing is critical. Anyone working in the food prep area needs to wash their hands with soap and water prior to working and after using the restrooms. Hand sanitizer is NOT enough. Please make sure your girls wash their hands if they are working in the food prep area or handling food. The use of disposable gloves is also required for all people preparing food. (See page 5)

### **Food Preparation Process**

- All perishable food will be stored in refrigerators, freezers, or in insulated ice chests prior to preparation. Temperature will be continually monitored to ensure safety and freshness. Coolers with ice will be continually drained of any water accumulating on the bottom and restocked with fresh ice.
- **Keep food at 40° or below.**
- Other food items will be kept off the ground in plastic bins with lids to protect against rodent/pest contamination.
- All persons handling or preparing food will wash their hands with hot soapy water and rinse thoroughly prior to any contact with food.
- Use three separate basins for washing dishes:
  - a. Detergent and hot water at 120° F
  - b. Rinse water (warm)
  - c. Chlorine bleach and lukewarm water at 50 ppm (about two capfuls of concentrated bleach solution in a partially full sink)
  - d. Allow 30 seconds in the bleach/water mix. Air-dry all items. Prepare bucket of chlorine bleach and water at 50 ppm for wiping down surfaces after cleaning. DO NOT use hot water with sanitizer solution. Hot water dissipates the chlorine before it can properly sanitize surfaces.
- There should not be any cooking equipment brought into camp or to any campsite.
- Tables for food preparation, serving or eating will be washed with soapy hot water and rinsed with bleach water.
- A menu for all meals is to be provided to the health district upon request.
- Health inspectors are to be allowed into the camp for testing and monitoring, upon presentation of proper identification.

- Cook food to a safe internal temperature to destroy harmful bacteria. Meat and poultry cooked on a grill often browns very fast on the outside and may not be cooked on the inside. Use a food thermometer to be sure the food has reached a safe internal temperature:
  - e. Poultry: 180° chicken breasts: 170°
  - f. Hamburger and all cuts of pork: 160°
  - g. Beef, veal and lamb steaks, roasts, and chops: 145°
- Prevent food borne illness by using separate platters and utensils for raw and cooked meats. Harmful bacteria present in raw meat and raw meat juices can contaminate safely cooked food.

Please follow the following guidelines on the cooking equipment:

1. You will be shown how to properly turn on and light all the cooking equipment. Please bring three or four long stick lighters with you.
2. Please remind each cook to turn off gas at their tank. If you smell raw gas while cooking, you may have a leak or an unlit pilot. Find the source. Unlit pilots in commercial cooking equipment can expel significant amounts of gas. If you can't find the leak, close the valve at the propane tank.
3. Do not modify or move the camp equipment.
4. Commercial equipment surfaces are not insulated like residential equipment and can become very hot when in use.
5. ***PLEASE DON'T BANG ON GRIDDLE SURFACES WITH UTENSILS, THEY WILL SCRATCH AND DENT FAR EASIER THAN YOU WOULD THINK.***
6. Griddles need to be cleaned after every use:
  - a. While turned off but still hot pour hot water onto grill surface—be careful you don't get burned from rising steam!
  - b. Use grill scraper to scrape griddle surface—**please be sure it does not have burrs on its edge that scratch grill surface.**
  - c. Rinse with more water (again griddle should be hot) use the griddle stone to clean again and use caution around hot steam.
  - d. Use wet towel to clean off stone residue. Wipe griddle surface with cooking oil.
  - e. YOU MUST DO THIS AFTER YOUR FINAL COOK OF YOUR WEEK AT CAMP TO LEAVE IT READY FOR THE NEXT CAMP AND MUST BE SIGNED OFF BY CAMP MISSIONARIES. THANK YOU
7. Please report any broken equipment as soon as possible.

8. **APPROVAL FROM CAMP MANAGEMENT** is necessary before bringing any outside cooking equipment into camp.

#### 4.6. Tips for Cooking for Large Group

When cooking for large to very large groups, here's a few things to consider:

1. Meal planning: prepare foods around equipment, food prep/cook times and serving to large groups
2. Cook what you know.
3. There are many web sites that can help with quantities for large groups.
4. Consider food storage and refrigeration capacity when planning meals.
5. Seasonings—don't forget them.
6. Remember many cooked foods really should not sit for long periods of time prior to serving. When cooking for large groups it's best to avoid these.
7. Consider food purchases from Costco and Sam's Club. Their websites can help plan meals as well. You can also find some surprisingly good, precooked products that can save you time at camp.
8. You may also want to consider precooking meals.
9. All wards/stakes will need to provide paper products and utensils for all meals.
10. **Be aware you will be providing meals for the missionary couple living at camp, security/fire watch brethren and any visiting stake leaders. On Monday and Thursday 4-6 service missionaries will be there for lunch.**

#### 4.7. Food Refrigerator Tips

1. Keep food at 40°F or below.
2. Wash all perishable foods, such as fruits and vegetables before you leave home if possible. Pack all foods in airtight bags or sealed plastic containers – this helps prevent cross contamination.
3. A refrigerator is not meant to re-chill food that has remained at a temperature of 40 F or above for one hour or more. Only food that has remained at safe temperatures should be placed back into the refrigerator. To be safe, throw out any food that you are unsure of.
4. Thaw items in the refrigerator; **never thaw meat/fish at room temperature or in the sun.**
5. Keep perishable foods in refrigerator until just before serving.

## 4.8. Cleaning

There are two 3-compartment sinks in the food prep area for the cooks to use. We have a GREAT water heater. There is a water drainage system under the ground to handle the wastewater. Food scraps must be scrapped into the trash before washing as they will clog the system and cause it to overflow and smell bad. There are mesh screens under the drainpipes on each sink to prevent food clogging the sinks. Please clean and replace these as needed to catch any particles.

**Health department requires** a three-step cleaning process. Hot soapy water, warm rinse water and a final cool bleach sanitizing solution. The dishes then should be air dried to allow the chlorine to evaporate off the dishes.

Please keep the food prep area clean with these following guidelines:

1. Always keep kitchen equipment and supplies clean. All equipment should be wiped down after each use as build up eventually becomes nearly impossible to remove.
2. Please keep supplies clean and properly stored.
3. At the end of your stay:
  - a. All equipment and supplies should be thoroughly cleaned and sanitized, and supplies put back in storage bins, shelves etc.
  - b. All tables and chairs should be cleaned and sanitized.
  - c. Floors should be swept and mopped.
  - d. All garbage cans emptied and cleaned.
  - e. All food storage tubs emptied, cleaned and left in storage room.
4. Report any missing or damaged items so they can be replaced.
5. Please let us know if we're missing something you feel should be stocked at camp.

## 5. SECTION 7 – Camp Check-out Process and Departure

On your last day of camp, you will meet with the Senior Couple to walk through the camp for final inspection. See addendum 6.12 for checkout sheet.

**This is mandatory. NO EXCEPTIONS**

If your stake does not complete the following Check-Out form you may be assessed a cleaning fee of \$250. A power washer may be required if areas have spills or stains.

## **5.1. Campsite Cleaning Checkout Requirements:**

1. Put everything back: If you moved the picnic table or other items on the site including cots, move them back. If you create holes or trenches, fill them in, they can be dangerous for new campers.
2. All garbage and litter must either be deposited in the trash bins provided or taken with you when you leave. Your goal should be to leave no trace. Our trash container is very expensive; please do not fill it with decorations you may have brought up to camp. These should be taken back to the city with you and disposed of there.
3. Clean tabletops.
4. Replace or adjust all fire ring bricks.
5. Clean and smooth fire ring rock/gravel.
6. Clean out Gott Igloo and leave it at your camp site.
7. Tents need to be swept out and checked for any damage. Doors should be clipped open by the outgoing stake for inspection. Doors should be zipped and clipped shut once the inspection has been completed by the Senior Couple.
8. Cots need to be inventoried and placed back into their original tent(s).

## **5.2. Camp Cleaning Checkout Requirements:**

1. Camp sites, pavilion, roads, and open areas are cleaned and free of trash.
2. All trash needs to be removed to dumpsters by the outgoing stake.
3. Restrooms are to be cleaned and restocked with toilet paper, paper towels, soap, and trash bags.
4. Showers need to be cleaned and sanitized.
5. Food Prep Area supplies are to be cleaned and inventoried.
6. The refrigerators and freezers should be emptied, washed out and then sanitized with bleach solution. Do not turn the refrigerators or freezers off. They should be left on.



7. Leave all black storage tubs with lids in the kitchen storage area. There should be 6.
8. Zip-line and climbing equipment is to be inventoried, returned to box and locked.
9. Fire rings lid should be placed back on the ring. YOU DO NOT NEED TO CLEAN OUT THE FIRE RING. The fire rings will be cleaned by the Camp Management.
10. Firewood should be neatly stacked back in steel wood containers provided.

IT IS YOUR RESPONSIBILITY TO REPORT ANY DAMAGE THAT HAS OCCURRED DURING YOUR STAY.

### **5.3. Departure**

- Leave by 7pm. Make sure check out process has been completed.
- Upon exiting, you may stop briefly at campsites at the side of the road to insure not to block traffic to pick up camping gear and passengers.
- Please drive slowly to avoid dust. Close the Lower Parking Lot gates upon exit.

## 6. Addendum

### 6.1. Detailed Facility Description

<b>Sections</b>	<b>Items included</b>
Camp Sites – (11)	Picnic tables, covered pavilion, signposts, firepit and wood See Section 1 - page 9 (camp map)
Large Covered Pavilion	Eating and activity area with folding tables and chairs – accommodates approx. 200-250 people See Section 1 - page 9 (camp map)
Amphitheater and Stage	Accommodates approx. 250-300 people See Section 1 - page 9 (camp map)
Senior Couple Cabin & Parking	See Section 1 - page 9 (camp map)
Security Cabin	See Section 1 - page 9 (camp map)
Shower Facilities	Five (5) individual shower stalls with dressing areas See Section 1 - page 9 (camp map) and Section 2 – page 12
Flushing Toilet Facilities	Twenty (20) toilets with sinks and 1 priesthood/handicap See Section 1 - page 9 (camp map) and Section 2 – page 12
Cabins, tents and Cots	Cabins - 24, Tents - 12, Portable Cots approximately 200 See Section 1 - page 9 (camp map) and Section 2 – page 13
Adult Opposite Sex Leader Camping Area	See Section 1 - page 9 (camp map) and Section 3 – page 22
Nurse & First Aid Station	See Section 2 – page 14
Food Storage Building	See Section 4 - pages 23-29
Food Prep Area	See Section 4 - pages 23-29
Dishwashing Area	See Section 4 - pages 23-29
Covered Craft Area	Picnic tables – accommodates approx. 50 See Section 6 – page 31
Activity Areas	Zipline, Rock Wall, Volleyball Court, BB Gun and Archery Range, Ax Throwing, Teeter Totter and Calf Roping.

## 6.2. Detailed Tent and Cot Count by Camp Site

Camp Site	Cabins	Tents - size	Camp Site Capacity Range
#1	2	2 medium tents	Cabins - 13 each Tents - 6-8 each
#2	2	1 large tent	Cabins - 13 Each Tent - 12
#3	2	1 medium tent	Cabins - 13 each Tent - 6-8
#4	3		2 youth Cabins - 13 each 1 Leader cabin -
#5	2	1 large tent	Cabins - 13 Each Tent - 12
#6	2	1 large tent	Cabins - 13 Each Tent - 12
#7	2	1 large tent	Cabins - 13 each Tent - 12
#8	2	No Tents	Cabins - 13 each
#9	2	1 medium tent 1 large tent	Cabins - 13 each Tents 6-8, 12
#10	2	1 large tents	Cabins - 13 Tent - 12
#11	2	2 large tents	Cabins - 13 each Tents - 12 each
#12	1		Male Leadership Area

### 6.3. Campsite Signpost/ Banner Info



## CAMPSITE SIGNPOST

Each Campsite has a signpost that identifies the camp number & is equipped with mounting hardware to attach a standard 2' x 4' banner.

There is also an additional hook to hang a lantern to illuminate your banner & campsite sign when it is dark.



#### Banner Information Help:

If you choose to do a custom order banner there are many options available online. Most online ordering sites allow you to download your own design or start with & modify one of their designs.

The banner pictured here was ordered through **staples.com** using the following specifications:

TYPE: Outdoor Banner  
ORIENTATION: portrait  
SIZE: 2' x 4'  
GROMMETS: 4  
PRICE: \$39.99 (before tax)



## 6.4. Charity Tree History and Meaning

CAMP STIMSON  
"Charity Tree"



"Charity Tree"

The "Charity Tree" monument was carved from a tree that had died several years ago. It was found in the upper area of Camp Stimson. It is estimated that it was nearly 300 years old. It is a Ponderosa Pine that grew very straight.

Through inspiration, an idea emerged & this monument was created, with exactly how and what to do being revealed constantly. It has been placed in the center of base camp so that you can see it from every direction.

The carving is 31 feet high; the pole being 23 feet tall & the head is 8 feet tall. The head was fashioned by an artist to reflect the Young Women's logo. The artist was careful to not assign a particular "race" to the girl's face so that ANY girl could look on it & see herself in it!

It is placed in a concrete base to assure its structural integrity. Roots have been "fashioned" and carved to give it the effect as if it is literally growing out of the earth in that spot.

Each of the 8 Young Women's Values have been branded into the spirals to reflect the commitment to the previously inspired Young Women's program values.

The name of “Charity Tree” also came from inspiration. Charity is the pure love of God. Love is what kept Jesus on the cross, love changes people. None of us have learned yet how to have enough love like the Savior has and therefore we must constantly seek to attain “charity”. Hopefully as the Young Women look upon this monument, they will think more of loving like our Savior loves; serving one another and forgiving others.

There is much symbolism found within this monument. These are just a few to consider:

1. The roots; reaching downward and outward being rooted in the gospel
2. The Brackets and Bracing; provided at a “weak” area within the tree and offering support & guidance
3. The carved turnings; reflecting the refinement each young woman achieves as she grows and matures in the Gospel
4. The Young Women’s Values; guidelines and helps as we reach higher towards our spiritual goals
5. The Young Women’s Logo head and face; to reflect “every girl” and who she hopes to be as she strives towards the temple and to be more like our Savior.
6. The straightness of the tree; pointing towards heaven, reminding us of the desire to return home to our Heavenly Father

It is our hope that you will ponder and pray for any symbolism that you may see. You may choose to search for scriptures and quotes that reflect that symbolism and share that with each other both personally, as a group, or in a fireside setting. We ask that you help preserve our “Charity Tree” by seeing that no one de-faces or vandalizes this monument in any way!

## 6.5. Detailed Food Prep Equipment List

### Items that ARE supplied:

	Approx. Amount
Apple Slicer	4
Beverage Pitchers	7
Bowls: (2) small, (12) medium, (9) large, (1) ex-large	24
Can Openers	4
Cheese Grater	2
Cleaning Supplies: dish soap, scrub pads and disinfectant	
Condiment Bottles	6
Cookie Sheets	8
Cooling Racks	
Cutting Boards	8
Dough Scrapers- metal	5
Food Storage Bins (plastic)	4
Gott Coolers	17
Hot Pads/Mitts	6
Ice Machine / Ice Scoops: (2) medium, (3) large	5
Knives	Plenty
Ladles: (2) small, (4) large	6
Measuring Bins: (7) 8 qt w/lids, (11) 12 qt w/lids	18
Measuring Cups: (5) 2 cups	5
Mixing Spoons – (2) metal, (3) wooden	5
Pans: fry/sauté’ (2) small, (2) medium, (1) large, (1) ex-large	6
Pans: metal rectangle w/lids	7
<b>Paper plates, plastic forks/knives/spoons, cups, paper towels</b>	<b>Plenty</b>
Pie Cutter / Pizza Cutter	1 each
Plastic Tubs: (3) small, (2) medium, (2) 22-quart size	7

Potato Peelers	4
Pots: (7) small/medium, (5) ex-large with lids	12
Rolling Pins	2
Severing Spoons/Forks	Plenty
Shears	1
Paper products (plates, bowls and cups) Plasticware	Supply your own
Spatulas: (1) wooden, (2) plastic, (5) rubber, (16) metal	24
Stock Pots	6
Strainer/Colander: (2) small hand strainers, (4) large	6
Tongs	Plenty
Water Buckets	8
Wire Whisks: (3) small, (6) large	9

## 6.6. High Adventure Activities (Zip-line, Ax Throwing & Climbing Wall)

**General Rules: You must be able to demonstrate each activity. NO EXCEPTIONS**

1. Ensure the adult from your stake/ward/family/group responsible for the high adventure activity has received training from camp leadership prior to arriving at camp.
2. Ensure adults (includes YCL with an adult present) responsible for these activities and all who assist in harnessing and as attendants have viewed the instruction videos and read the instructions signs and follow these instructions.
3. All participants must have properly executed permissions slips/releases.
4. Do not allow anyone to climb anywhere on the structures other than the climbing wall climbing surfaces. The climbing surface is where the handholds are installed, and the auto-belay cables retract up and down during operation.
5. Do not free climb or ride on the high adventure activities. All participants must wear an approved harness and helmet and be securely fastened with an approved carabiner from the harness loop at the front of the harness waist belt.



6. Inspect the climbing wall and zip-line before each day's use. Inspect the auto-belay cables, swivels, zip-line brake, harnesses, helmets, and carabiners for damage. Do not use any equipment that appears to be damaged. When in doubt please ask camp leadership or missionaries for assistance. Please notify the camp missionaries about any damage so we may repair or replace equipment.
7. Keep all the harnesses and equipment out of the dirt and in storage boxes.
8. Keep equipment lockers locked unless the adult responsible for these events has authorized use. Please return equipment to storage boxes, verify inventory, and lock boxes when activities are completed.

### **6.7. Properly put on harness (you must be able to demonstrate)**

*Ensure Zip-line riders between 40 lbs. and 300 lbs.*

*Ensure Climbers weigh between 40 lbs. and 250 lbs.*

- 1) Step into bottom part of harness
  - a) Unbuckle chest strap,
  - b) Hold metal ring forward, chest buckle up,
  - c) Left foot in orange leg loop,
  - d) Right foot in black leg loop,
  - e) Pull up like a pair of pants.
- 2) Pull chest harness over the head, clip into front buckle, tighten straps (snug but not uncomfortable). Slide the orange back strap cross high to keep straps from falling off shoulders.
- 3) Tighten the waist (high on waist is better - make the waist very tight), equal tension on left and right waist buckles (equal tension assures the chest straps are centered on the back of the waist strap).
- 4) Tighten leg loops (snug but not uncomfortable).
- 5) Adjust helmet and strap size to fit and secure it on head.
- 6) Secure both carabiners to metal ring on harness to prevent tripping hazard while walking.
- 7) If the harness will not fit the rider/climber, they should not participate in these activities.

## 6.8. Zip-line

### Take-off platform

**Ensure Zip-line riders weigh no more than 300 lbs.**

Station one or two attendants on the platform **(stay clear of red zones)**

Only attendants, **1 rider** per zip-line, and adult supervisor may be on the platform.

Duties of attendant(s)

- 1) Invite the next rider onto the platform and clip their secondary (longer) to zip-line cable.
- 2) Re-check harness:
  - a) Waist high and tight.
  - b) Leg loops snug, orange on rider's left thigh.
  - c) Chest straps buckled, snug, flat, back-cross high.
  - d) The helmet fits and is buckled.
- 3) Secure trolley and rider to zip-line:
  - a) Black bumper & top hook toward landing platform.
  - b) Hook the primary (shorter) tether through the set of holes below the trolley handles, be certain the carabiner goes through both holes.
  - c) Place the secondary (longer) tether which is already on the zip-line cable over the retention hooks so that it hangs on the back of trolley still connected to the zip-line.
- 4) Watch for appropriate colored flag from landing platform (indicates brake ready and landing platform is ready to receive rider).

ONLY AFTER THE FLAG IS PRESENTED and HELD STEADY,

- a) Open the gate for the rider **(only 1 rider on each cable at a time)** to be able to ride so that the attendant is behind the gate and is protected from a potential fall. Send the rider down the zip-line. Close and secure the gate.

### Zip-line Landing Platform

Station one or two attendants on platform. **(stay clear of red zones)**

Only attendants, riders, and adult supervisors may be on the platform.

Duties of attendant(s):

- 1) Check:

- a) Zip Stop device has reeled in completely,
  - b) Retrieval line is all the way out,
  - c) Ladder and all people are moved out of the path of an incoming zip line rider,
- 2) At risk of serious injury or death... and ONLY WHEN YOU ARE CERTAIN ITEM #1 ABOVE IS COMPLETE.
- a) Raise the appropriate ready flag and hold it steady,
  - b) Lower the flag once the rider leaves the take-off platform.
- 3) Do NOT attempt to catch or stop the rider!
- 4) AFTER THE RIDER HAS COME TO A STOP, pull the rider to a safe location for them to use the ladder and be assisted to dismount, help them unhook from the zip line and trolley. A ladder should be placed so that the steps face away from the open section of the platform, to prevent a rider from inadvertently stepping back off the platform.
- 5) Attach primary and secondary tether carabiners to the metal harness ring (to prevent tripping), and assist the rider to exit the platform safely, still dressed in harness and with the trolley in hand.

## **6.9. Climbing Wall**

### **CLIMBER SAFETY RULES:**

***Ensure climbers weigh between 40 lbs. and 250 lbs.***

1. Must stay on the climbing route for your station.
2. Must not cross over to put yourself directly beneath or above other climbers.
3. Must not climb without shoes.
4. Must not climb beyond the wall top. Do not go beyond chest-height to the wall top.
5. Must not kick off the wall more than 4 feet from the wall.
6. Must rappel straight down, do not swing too close to other climbers.
7. Be alert and aware of other climbers beneath you, who may have strayed from their routes.
8. When you are lowered to the ground at the end of your climb, land on your feet.
9. After your climb is complete, wait for the operator to unhook you.

Station one attendant for each climber using the climbing wall. Up to four attendants if all four routes are in use.

Only attendants, climbers, and adult supervisors may be in the Climbing Zone at the base of the wall. The zone is marked with railroad ties.

### 6.10.Duties of attendant(s)

1) Invite the next climber to the “Climbing Zone” and instruct the climber:

When a climber has finished climbing (reaches the top, falls, or cannot support themselves while climbing), inform them to **grab hold of the red hose on the cable and “sit” in the harness with their feet toward the climbing structure.**

- a) This will allow the Auto-Belay to slowly descend the climber. Inform the climber to land on their feet. Feet First!!!
- b) Teach the climber that if slacking occurs at any time during the climb, STOP CLIMBING UP and slowly climb down. DO NOT LET GO and fall with slack in the cable. Serious injury may occur.

2) Re-check harness:

- a) Waist high and tight.
- b) Leg loops snug, orange on rider's left thigh.
- c) Chest straps buckled, snug, flat, back-cross high.
- d) The helmet fits and is buckled.

3) Unhook the Auto-Belay cable from the static/locked position and hook it to the metal ring on the climbing harness.

- a) Be sure that you hear the carabineer click into locked position!
- b) Double check the tension on the cable (pulling down and feeling the up-pull).

4) Allow the climber to climb,

- a) Coaching the climber on how to climb, meanwhile, paying attention to the tension on the cable.
- b) If slack occurs at any time during the climb, STOP CLIMBING UP and slowly climb down. DO NOT LET GO and fall with slack in the cable. Serious injury may occur.

5) Once the climber has descended and is standing on the ground,

- a) Unhook them from the Auto-Belay Safety System.
- b) Invite the person to leave the “Climbing Zone”.

## **7. SECTION – Other Camp Facilities**

### **7.1. Camp Trading Post**

The camp Trading Post is a small building that can be for camp leaders to set up for trading, selling or giving away rewards such as, candy, drinks, beads, crafts, etc. Additionally it can be used for secret sister exchanging. The building does not have electricity. In the past this building has been used as a gathering area for campers to come and select various items that have been won, earned or traded during the time at camp. Trading Post hours and usage are set up according to camp leaders. The Trading Post is supplied with a table and shelving for stocking supplies. After use it must be completely cleared out of all items that were brought in.

### **7.2. Mummy Springs Primitive Camp**

This area of Camp Stimson has been set aside for the use by small Young Men or Young Women groups that want to camp overnight without any luxuries. This primitive camping area can accommodate up to 20 people in personal tents. Water, fire ring, firewood and a pot-o-potty are supplied but any other amenities need to be supplied by the camping group. There is no access to any other Camp Stimson amenities such as; Kitchen, restrooms, showers, high adventure activities or main parking lot.

## Rules and Guidelines for Mummy Springs

1. Primary purpose of this campsite is to provide recreational opportunities to church youth and young adult groups. They will have priority access to the signup schedule.
2. Medical Release forms must be provided for each member staying in Mummy Springs camp area. These must be supplied electronically before your scheduled date and again in hard copy form when arriving at camp. (These are supplied through the camp scheduler.)
3. Other church groups and families can reserve the camp the Monday before the upcoming weekend.
4. NO access to Camp Stimson facilities or equipment. This is a wilderness type camp for hiking and enjoying the natural surroundings.
5. Only 6 vehicles can be driven and parked in the assigned parking area for Mummy Springs camp. Any additional vehicles will need to obtain a parking pass to display on the vehicle dash and park out by the main highway.
6. You must coordinate check in and check out times with the camp scheduler. Under no circumstances can you check in before 7 AM or check out after 9 PM. It is important to verify times with camp scheduler due to gates into camp being locked and groups coming and going into the main camp.
7. There are no cooking facilities available. You will be provided with 2-5 gallon Gort coolers filled with water. There is no running water in camp.
8. Camp fire ring and firewood will be supplied.
9. A port-a-potty will be available and toilet paper will be supplied.
10. You agree to remove all trash, clean up the provided tables and the sitting areas. Make sure that nothing is left behind in camp.
11. All fires must be completely out each night and upon departure.
12. There will be no access into or out of camp between 10:00 PM and 7:00 AM as the access gates will be locked for security purposes. It is important that members of your group are aware of this.
13. Finally and perhaps most important. In using this camp you understand that all leaders and youth agree to stay out of Camp Stimson. No one using Mummy Springs Primitive Camp should walk into camp or past the bridge or retention basin. The only way we can

continue to offer Mummy Springs camp to church groups during youth summer camps at Camp Stimson is to faithfully abide by this rule.



### 7.3. Sunrise Outlook

Sunrise Outlook has been constructed to give youth the opportunity to make a pre-dawn hike up to a quiet, secluded location to watch the sunrise early in the morning and think about the beauty that surrounds them and their Savior who created such a place just for them. This area is set up to give the youth a short hike up the trail to an open site that overlooks the valley and has a direct view of the morning sunrise. With benches and tables the youth can sit, relax and ponder. While also possibly writing in a journal or making notes about spiritual feelings that they are having. This location will get them away from camp and the high adventure activities and give them time in nature to take in it's beauty.

Find the trail to Sunrise Outlook just north of the volleyball and high adventure areas. It's the steep road up the side of the mountain. Once almost to the top there will be a small bridge and trail off to the left that will go straight up the mountain to the outlook area.





## 7.4. Check Out List

*Managed by the Senior Couple*

Date \_\_\_\_\_

Area	Comments
Campsites (1-11) note any issues	
Trash removed from all areas	
Restrooms cleaned – see cleaning instructions	
Showers cleaned – see cleaning instructions	
Tents: Swept, Damage noted (i.e., broken zippers, tears, etc.)	
Cots: Inventoried and damage noted	
Cabins: Swept, Windows, Screens & Doors	
Food Prep Area(see additional check out list)	
1 Igloo cooler per campsite	
Zipline: (10) helmets, (10) trolly's, (10) harnesses	
Climbing Wall: (6) helmets, (6) harnesses	
Archery Range: (12) youth recurve bows, (7) youth compound bows, 8 targets, (150) range arrows	
BB Gun: (13) youth BB guns	
Ax Throwing: (12 Ax)	

To your knowledge was anything broken during your stay that needs to be fixed?  
If so what?

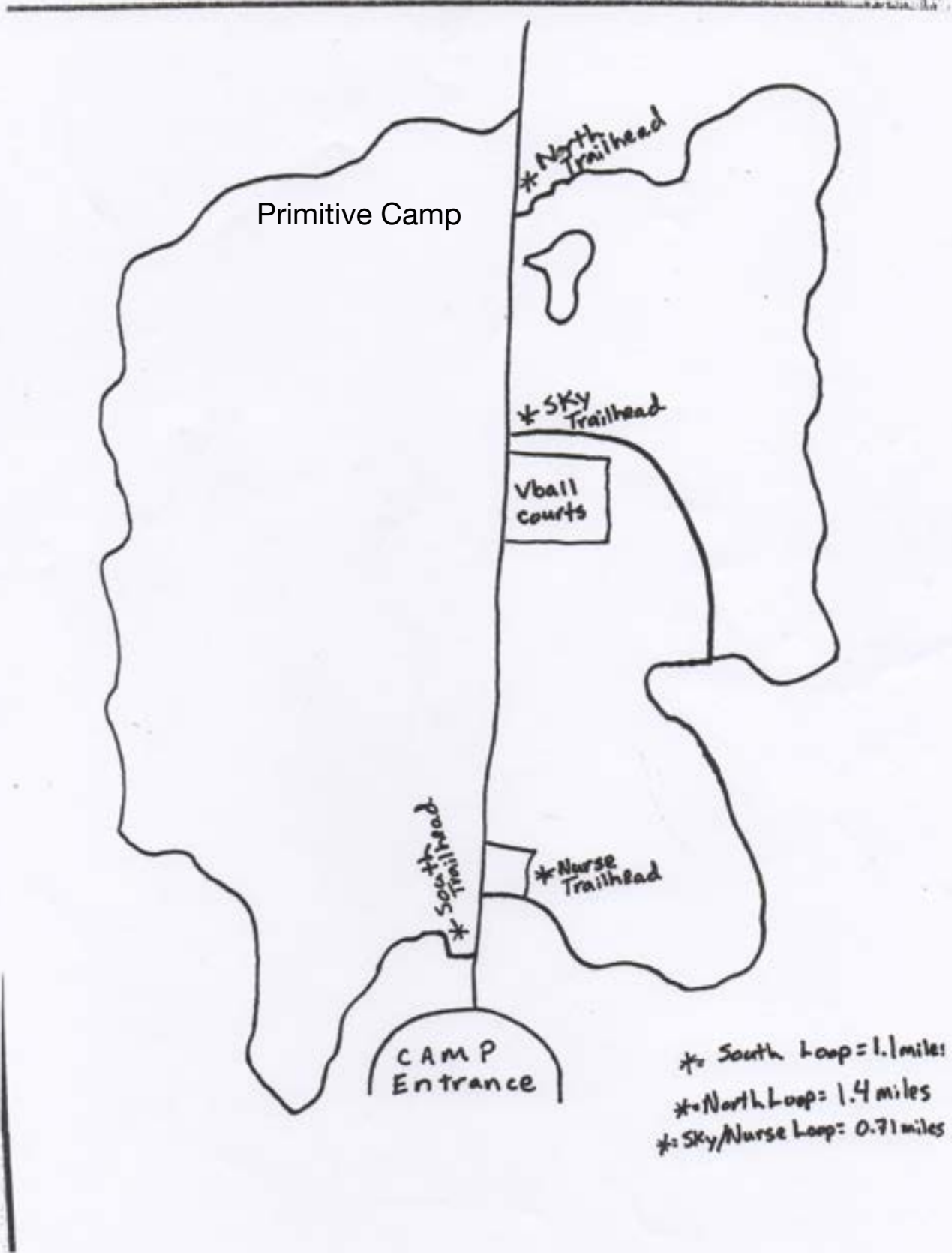
Does anything need to be restocked that we are running low on?

Do you have any suggestions or feedback for us to make Camp Stimson better?

The \_\_\_\_\_ stake completed the check out process.

Signature of Camp Director / Stake Representative: \_\_\_\_\_ **Outgoing stake**

Signature of Senior Couple or Camp Management: \_\_\_\_\_



### Area Check Out

<b>Dining Hall</b>	
1	Floor clean, sweep & wash spills/stains
2	Chairs & tables cleaned
3	No belonging left
4	Fireplace area clean
5	Trash cans emptied and liners replaced. Place trash at the road.
<b>Picnic Tables Area</b>	
1	Clear table, clean and wipe down with green spray (no spills)
2	Grounds litter free
3	Trash cans emptied and liners replaced. Place trash at the road.
<b>Amphitheater</b>	
1	Litter & belonging free
<b>Priesthood Cabin</b>	
1	Check for belonging
2	Put down curtains
3	Sweep entire cabin including under bunkbeds
<b>Robbers Rooster</b>	
1	Check for belonging
2	Sweep entire cabin including under beds if needed
3	Empty trash and replace liners
<b>Headquarters</b>	
1	Remove belonging
2	Place furniture to where you found it
3	Sweep
<b>Nurse's Station</b>	
1	Wipe down & disinfect bed
2	Mark down any supplies needing to be purchased
3	Trash cans emptied and liners replaced
4	Medical form & logs completed and turned in
5	Check for belonging
6	Sweep both rooms
7	Area around building litter free

	8	Clear off picnic table and wipe down with green spray
<b>Craft Pavillion</b>		
	1	Tables clean, clear of belonging and wiped down with green spray
	2	Fire pit free of trash with cover in place
	3	Broom, shovel, rake, fire extinguisher at wood bin
	4	Trash cans emptied and liners replaced. Place Trash at the road.
	5	Area to far side of creek cleaned, clear & raked if necessary
	5	Gott cooler filled 1/2 full
<b>Climbing Wall</b>		
	1	All equipment accounted for and locked up - 9 harnesses
	2	All belongings and trash removed. Place trash at the road.
	3	Gott cooler filled 1/2 full
	4	Tables clean, clear of belongings & wiped down with green spray
<b>Zip Line Both Sides</b>		
	1	All equipment accounted for and locked up - 10 harnesses & 10 Trolleys
	2	All belongings and trash removed. Place trash at the road.
	3	Gott cooler filled 1/2 full
	4	Tables clean, clear of belongings & wiped down with green spray
	5	Receiving area is also free of trash
<b>BB Gun Range</b>		
	1	All equipment accounted for and locked up - 10 guns
	2	All belongings and trash removed. Place trash at the road.
	3	Gott cooler filled 1/2 full
	4	Tables clean, clear of belongings & wiped down with green spray
<b>Ax Throwing</b>		
	1	All equipment accounted for and locked up - 4 sets of 3 axes total 12 & 4 goggles
	2	All belongings and trash removed. Place trash at the road.
<b>Archery</b>		
	1	All equipment accounted for and locked up (bows, arrow & goggles)
	2	All belongings and trash removed. Place trash at the road.
	3	Gott cooler filled 1/2 full
	4	Tables clean, clear of belongings & wiped down with green spray
<b>Gaga Ball &amp; Volleyball</b>		
	1	All equipment accounted for and locked up
	2	All belongings and trash removed. Place trash at the road.
	3	Tables clean, clear of belongings & wiped down with green spray

## Campsite Check Out

# \_\_\_\_\_

	Tents	
	1	Look under cots & around exterior for belongings and trash ie lanterns hanging
	2	All cots in place & assembled
	3	Window flaps zipped up
	4	Sweep entire tent including under cots
	5	Check for any damage
	Picnic Tables & Fire Pit	
	1	Clear belongings off table and wipe with green spray so there are no spills
	2	Gott coolers filled 1/2 full
	3	Litter free under & around tables
	4	Broom, shovel, rake & fire extinguisher at wood bin
	5	Check fire pit for trash & wrappers then put fire pit cover in place
	6	Trash can emptied & new liner placed
	7	Put trash at side of the road for pick up
	Cabins	
	1	Check for belonging on top off & under bunks
	2	Remove any cots in cabins
	3	Put the curtains down
	4	Sweep entire cabin including under bunkbeds
	Grounds	
	1	Litter free from center of road to far side of creek or embankment
	2	Rake bark if needed
<b>Check Out Notes</b>		

### Bathroom & Shower Check out

Bathrooms	
1	Empty Trash & replace liners in bathrooms
2	Wipe down toilet paper dispenser, hand sanitizer & door knob with green cleaning solution
3	Wipe down toilet with green cleaning solution
4	Scrub inside toilets with toilet scrub brush
5	Sweep out bathrooms
6	Wipe down floor with green cleaning solution & scrub with white handles scrub brush
7	Collect any trash around bathroom & sink area
8	Any personal items take to lost & found
9	Wipe sinks with green cleaning solution & remove any debris, hair, etc
10	Clean mirror with blue solution
11	Empty Trash & replace liners by sinks
12	Restock toilet paper, paper towels, gloves, soap and sanitizer if needed
13	Lock all bathroom doors except bathrooms 1-5
14	Return supplies to building 11
Washing Stations	
Behind bathroom banks 3-12, 18-20 & 15-17	
1	Sinks
2	Trash removal
3	Mirrors
Showers	
1	Clean all hair out showers & discard soap, shampoo, etc
2	Spray green solution on shower walls and wipe down
3	Pull out mats and sweep floors
4	Use a bucket of water & white handle scrub brush to clean floors
5	Replace Mats and spray green solution
6	Return supplies to building 11

